

8 Common Baby Rashes & Bumps

A parents guide to neonatal skin conditions



Diaper Rash

What to Look For:

Irritated red patches in the diaper area.

Key Fact:

Caused by prolonged exposure to wet or soiled diapers.



Heat Rash (Miliaria)

What to Look For:

Tiny red bumps in skin folds or under snug clothing.

Key Fact:

Occurs when the baby gets too warm; common in neck and armpit creases.



Cradle Cap (Seborrheic Dermatitis)

What to Look For:

Yellowish, crusty, or scaly patches on the scalp.

Key Fact:

Most common in the first few months; non-infectious.



Eczema (Atopic Dermatitis)

What to Look For:

Dry, itchy, red patches on cheeks or joint creases (elbows/knees).

Key Fact:

A chronic condition that requires gentle skincare and moisture.



Baby Acne

What to Look For:

Small red or white bumps primarily on the face.

Key Fact:

Typically appears within the first few weeks of life due to maternal hormones.



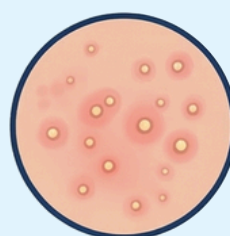
Milia

What to Look For:

Tiny, pearly white bumps on the nose, chin, or cheeks.

Key Fact:

Caused by trapped skin flakes in glands; usually clears on its own.



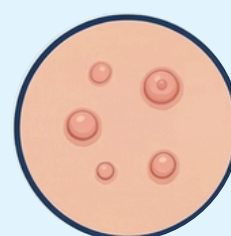
Erythema Toxicum

What to Look For:

Small yellow/white bumps surrounded by a "halo" of red skin.

Key Fact:

A very common, harmless rash seen in newborns during their first week.



Molluscum Contagiosum

What to Look For:

Small, firm, flesh-colored bumps with a dimple in the center.

Key Fact:

Highly contagious; spreads through skin-to-skin contact.

When to See a Dermatologist



Fever, pus, or if the rash seems painful/spreading rapidly.



If you are concerned about your baby's skin, our pediatric dermatology experts are here to help.

