

Common Conditions That Cause Bumpy or Textured Skin

Understanding the root cause is the first step to achieving smooth, healthy skin.

THE 5 MAIN MEDICAL CONDITIONS



Acne & Acne Scars

Clogged pores lead to inflammation, breakouts, and uneven scarring.



Keratosis Pilaris

A buildup of keratin proteins creates small, rough patches on the arms and thighs.



Eczema

A chronic, inflammatory condition resulting in dry, scaly, and intensely itchy texture.



Rosacea

Primarily affects fair skin on the center of the face, causing redness and swollen red bumps.



Psoriasis

An immune response that causes rapid skin cell overproduction, leading to thick, red, or silvery scaly patches.

ENVIRONMENTAL & AGING CAUSES



UV Radiation

Breaks down skin collagen and causes premature, rough aging.



Dry Climates

Low-humidity environments strip skin moisture, leading to a textured surface.



Natural Aging

Over time, skin naturally loses its elasticity, firmness, and ability to bounce back from damage.



Smooth Skin Doesn't Have to Be a Memory

Whether you are dealing with a chronic skin condition, acne scars, or past sun damage, modern advanced dermatological treatments can help rejuvenate your skin.

Request an Appointment at
www.affderm.com | (480) 588-0027